

NYC Veterans' Experience Research Breakfast

May 15th, 2025

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NYC Labor Market Information Service (LMIS) is an applied research center located within the Center for Urban Research at the CUNY Graduate Center.

We are the only NYC-based organization devoted to conducting mixed-methods labor market research and making the findings relevant and actionable for mission-driven organizations.

About LMIS



Research **Presentation:** NYC Veterans' Experience Jaclyn Kelly, Director, LMIS







Background and Context

Veterans' Experience in NYC

US



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Background and Context

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Background & Context LMIS partnered with DVS in 2023 to support their work strengthening NYC's Veterans' community and ensuring all Veterans are aware of and have access to the benefits and services for which they are eligible. Research goals include:



Understanding the lived experiences, priorities, and needs of **NYC's Veterans**



Hearing first-hand why some Veterans are highly engaged while others are not



Providing DVS with policy recommendations to support their mission to connect, mobilize, and empower NYC's Veteran community



Idea Scoping

Research Methodology

LMIS, DVS, Syracuse University D'Aniello Institute for Veterans and Military Families, Student Veterans of America (SVA)

NYC Veteran & Military Community Survey

Focus Groups

Veterans, mission-driven sector

Interviews

Veteran-focused policy leaders

Nest Steps: Upcoming Focus Groups



Administered in 2024, 571 • valid responses

communications & marketing professionals

 Feedback on policy proposals from nonidentifying Veterans



Research Methodology Caveats!

Data were collected in an iterative process from Fall 2023 through Spring 2025. There have been recent changes to Veterans' services at the Federal level.

Survey is not a "representative sample".









Veterans Experience



Who are NYC's Veterans?

NYC's Veterans represent 1.7% of the city's 6.6 million civilian adults.

Compared to NYC's nonveterans, Veterans are:

- Older (55% aged 65+)
- Mostly male (88%)
- Less racially diverse (47% White, 26% Black)
- More likely to be disabled (29%)

Bronx, 17%

> Manhatt 21%

Residency

Staten	
Island,	
10%	
х,	

Manhattan,

Brooklyn, 25%

Queens,

27%





Median Income (all sources) Geography Veterans NYC \$49,265 US \$52,122

Nonveterans

\$41,212

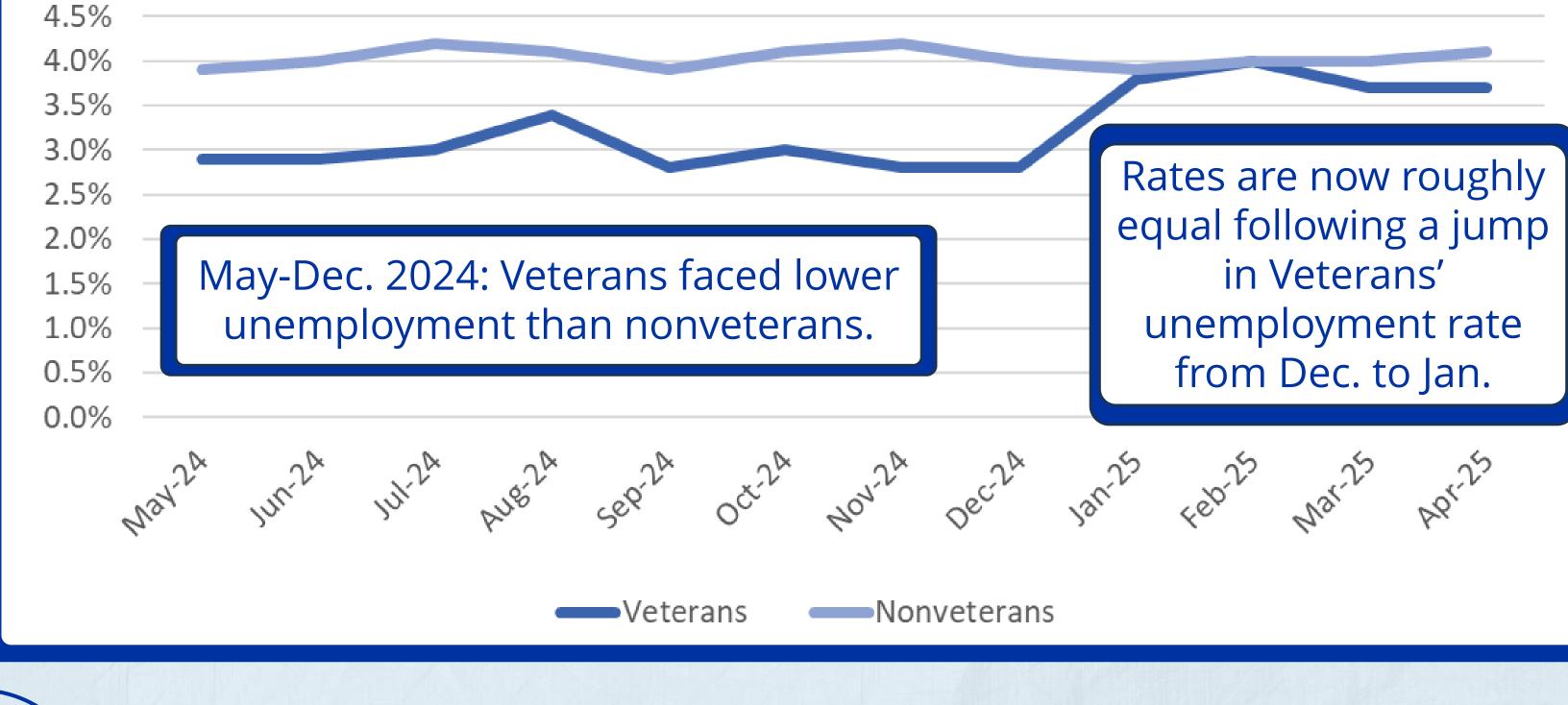
\$40,368

12

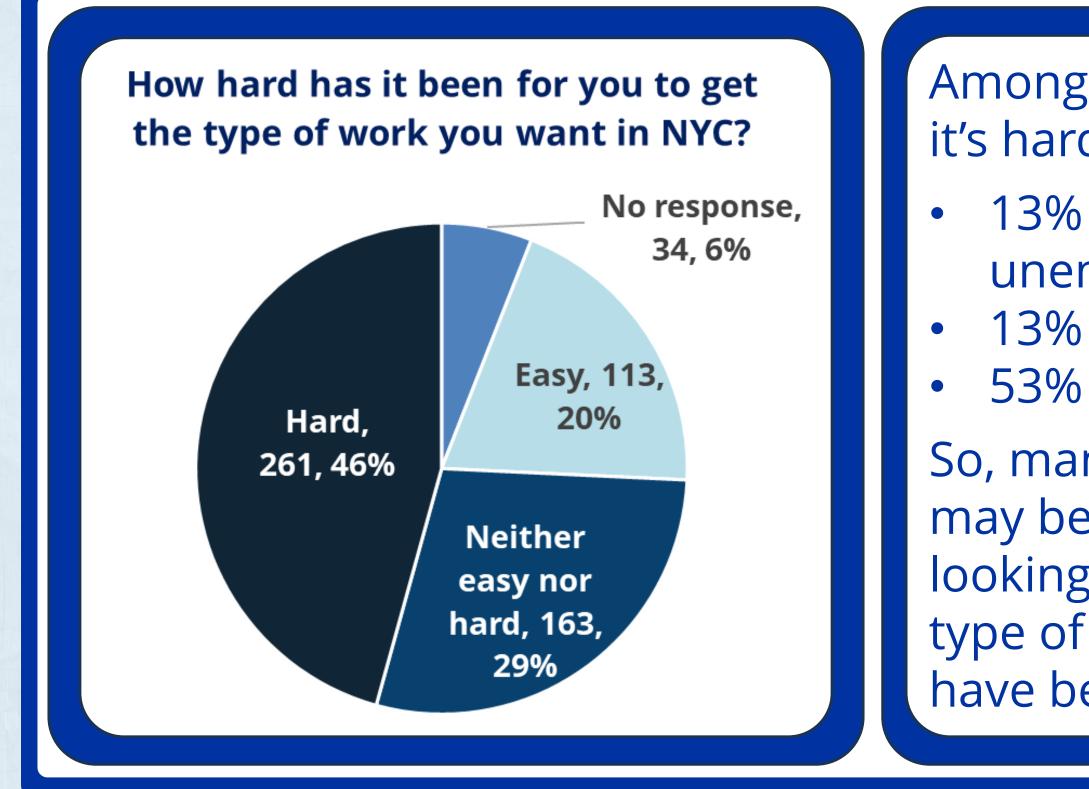


Veterans in the US Labor Market

Unemployment Rate



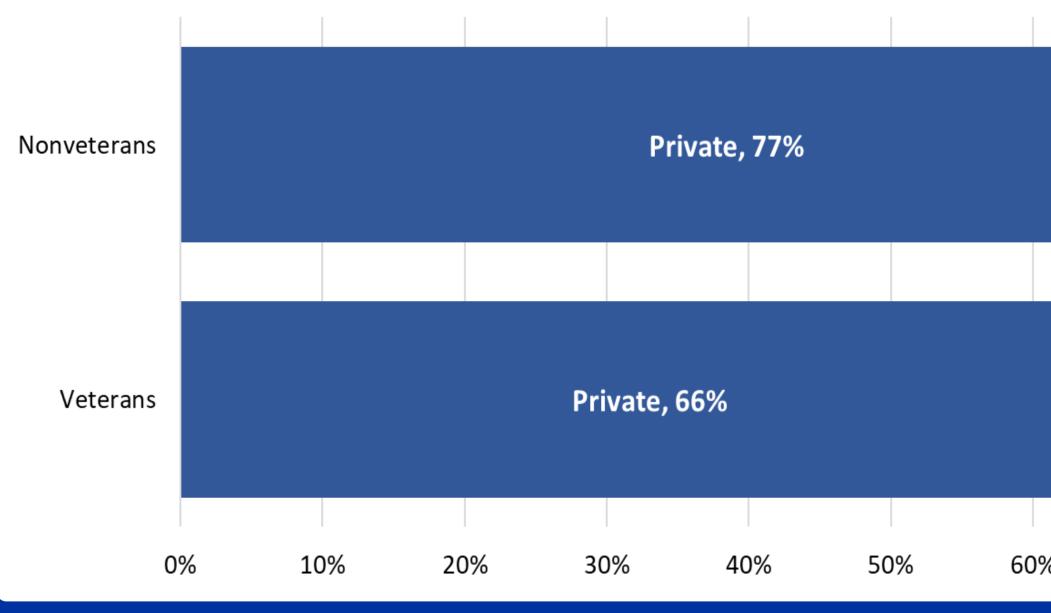




- Among respondents who said it's hard to get desired work:
 - 13% reported being unemployed
 - 13% work part time 53% work full time
- So, many do have jobs, but may be underemployed or looking to shift to a different type of career than what they have been doing.



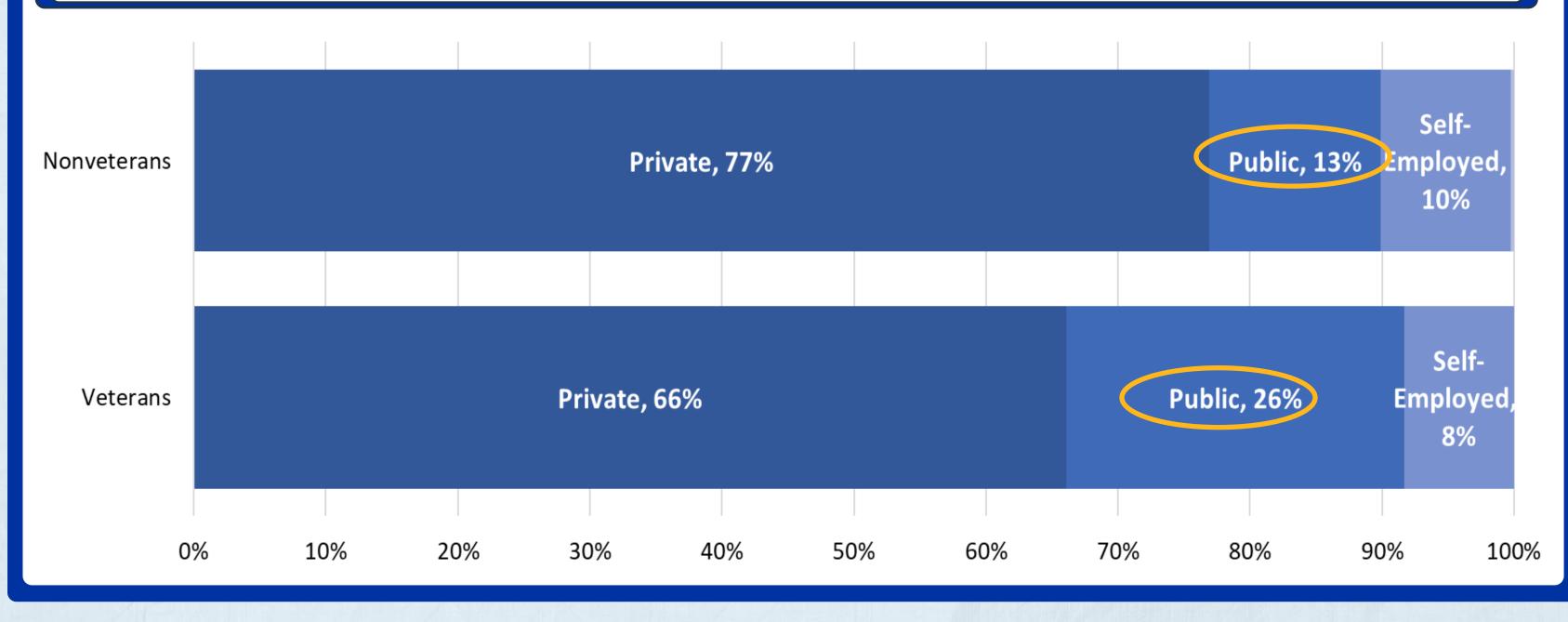
NYC's roughly 44,000 employed Veterans are more likely to work in the public sector than the average New Yorker.



		Public, 1	3% Empl	elf- oyed, 0%
		Public, 26%	Emp	Self- oloyed, 8%
%	70%	80%	90%	100%

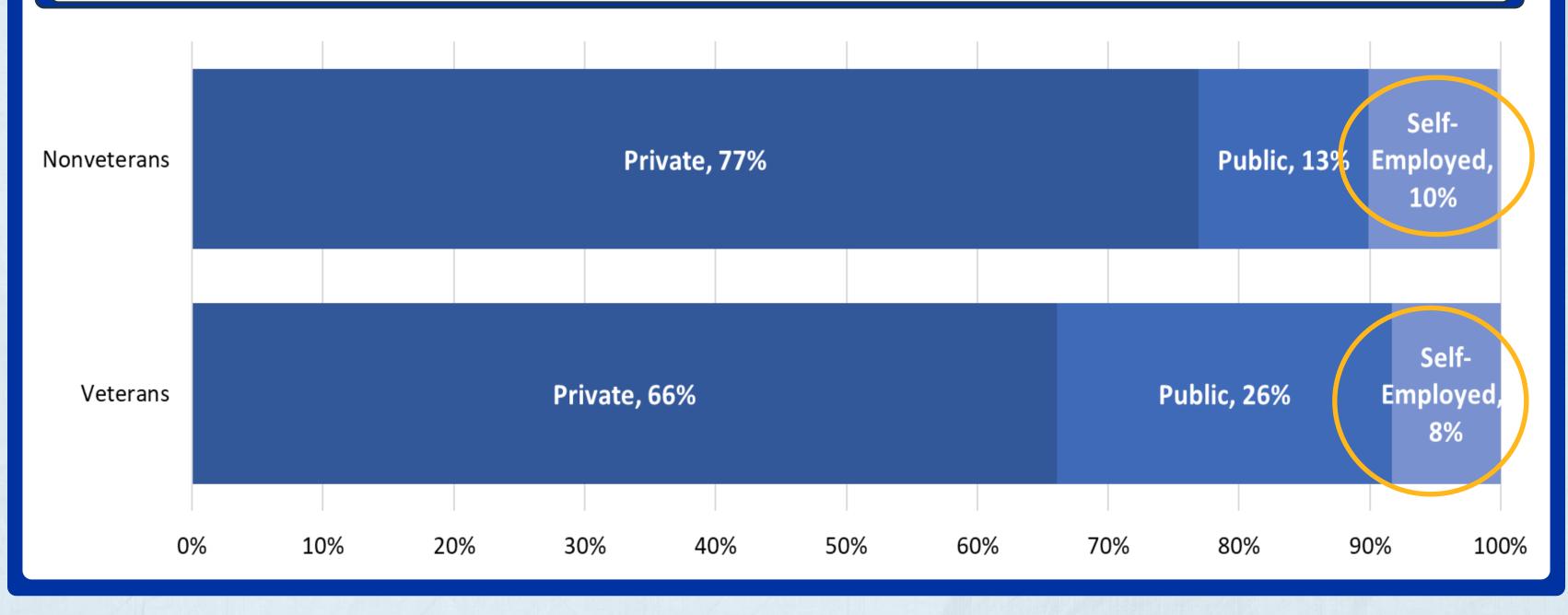


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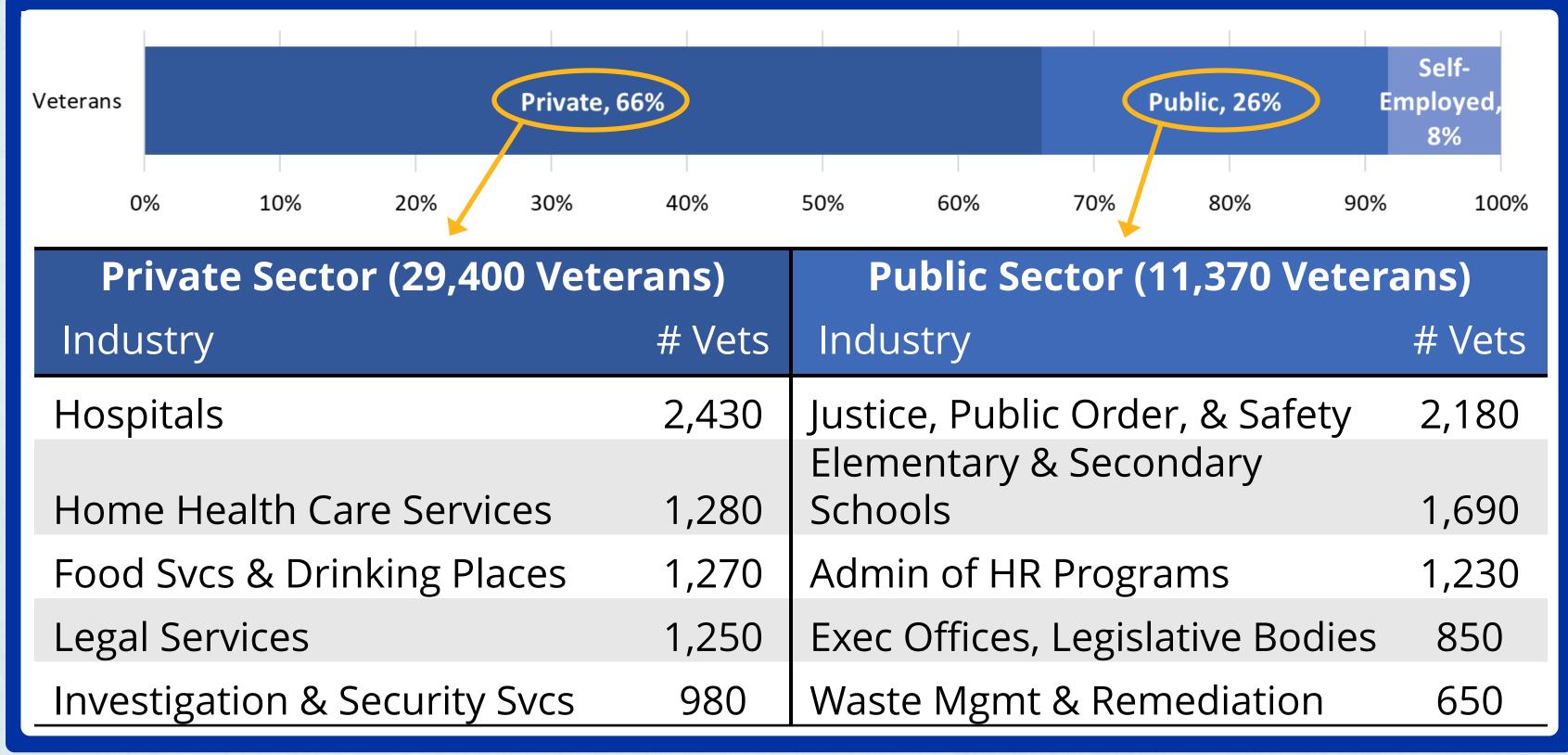




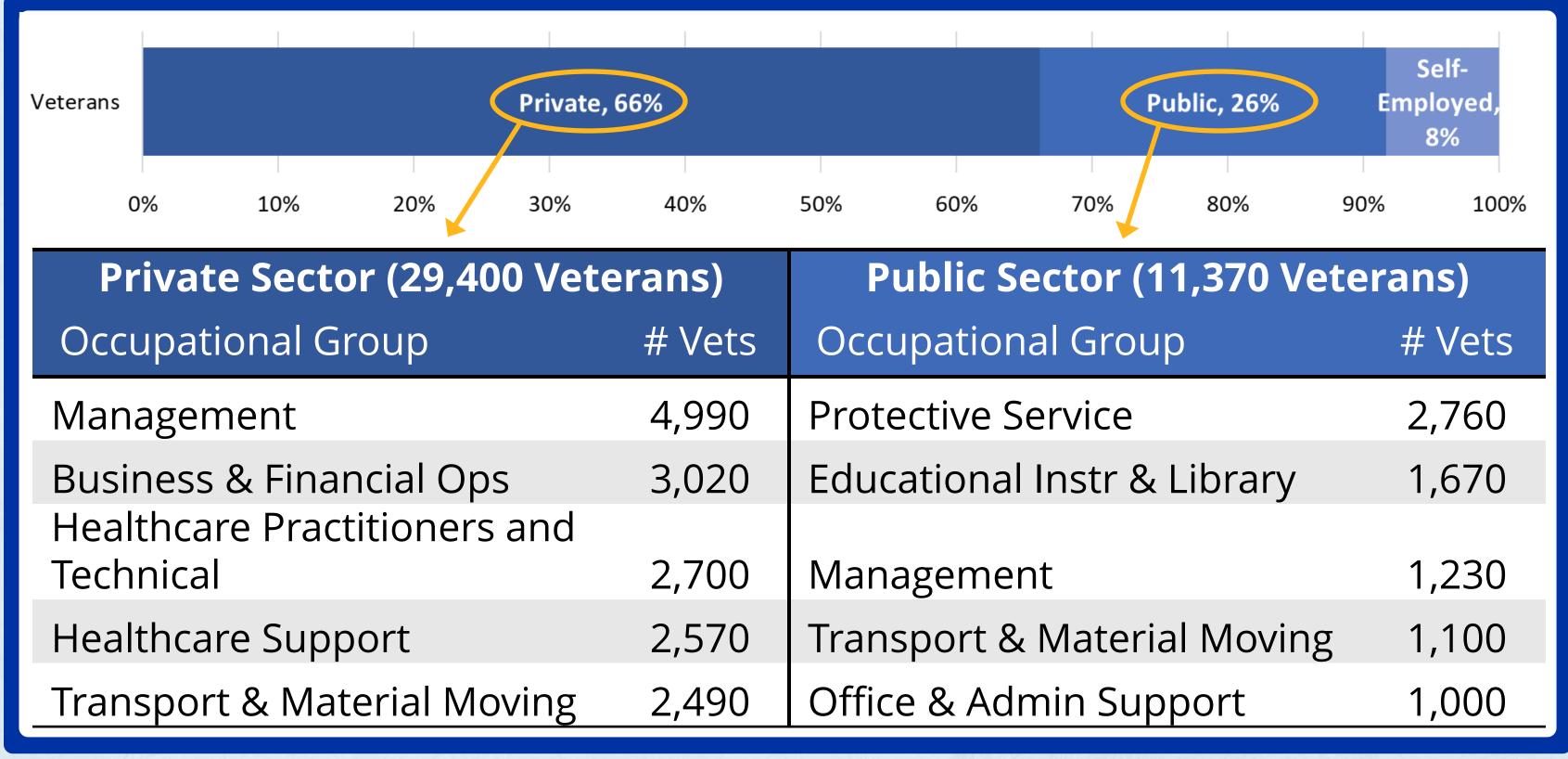
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Survey respondents tended to be long-term NYers

No response, 5,_ 1% I moved to NYC less than 1 year ago, 12, 2%

N/A, I am a New York City native, 361, 63% I moved to NYC one or more years ago, 193, 34% How long ago?

No response, 6, 3%

1-9 years ago, 59, 31%

10 or more years ago, 128, 66%



But, about just as many want to leave NYC as want to stay

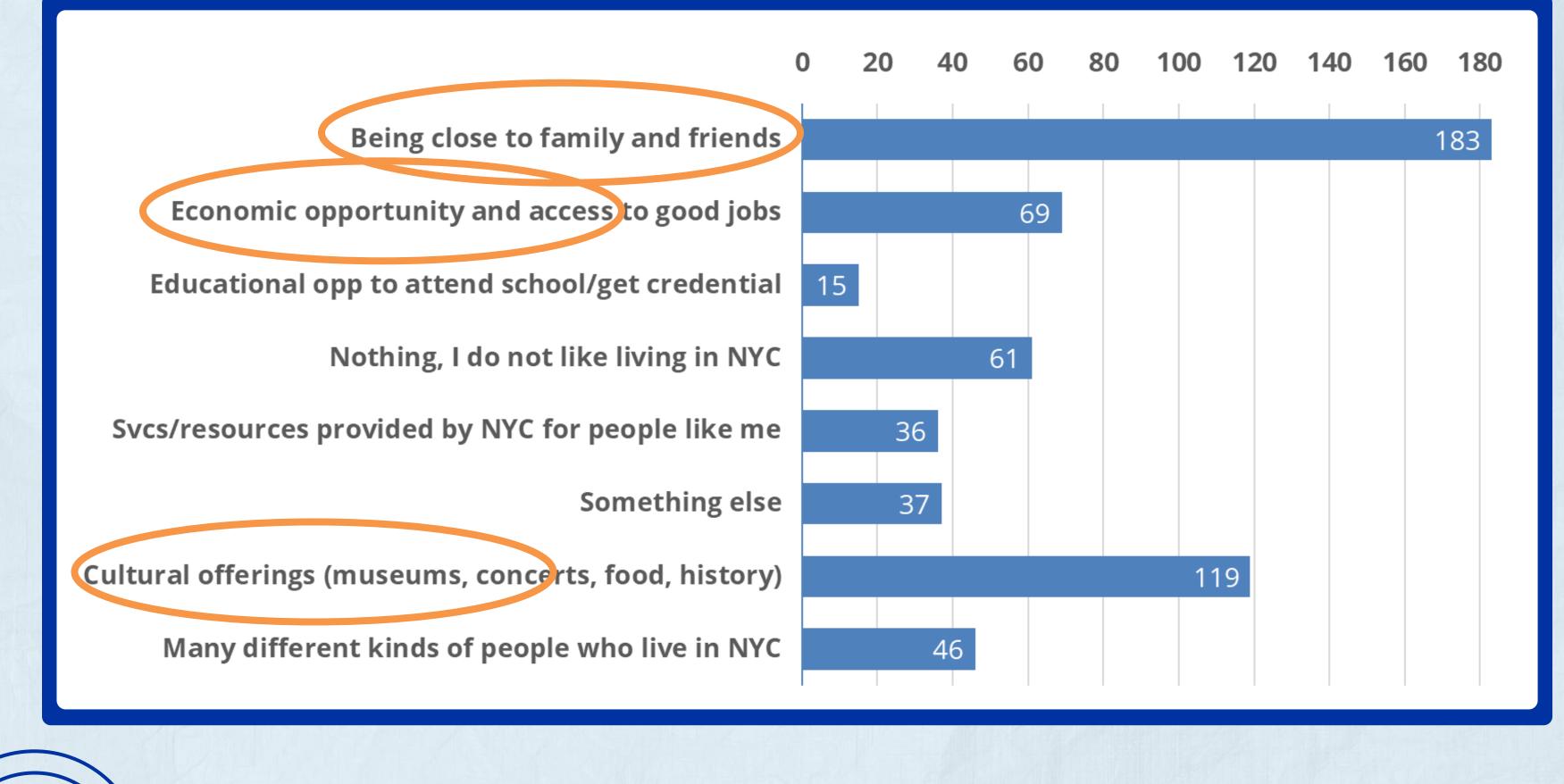
44% of respondents plan to stay

42% plan to move

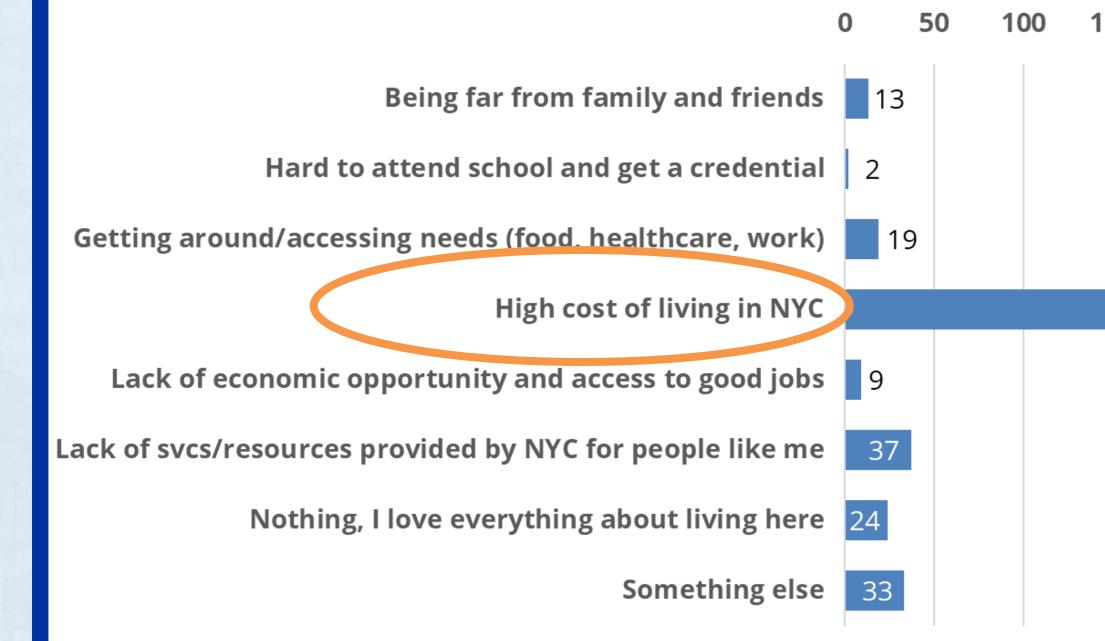
13% are unsure



Favorite Thing About Living in NYC



Hardest Thing About Living in NYC

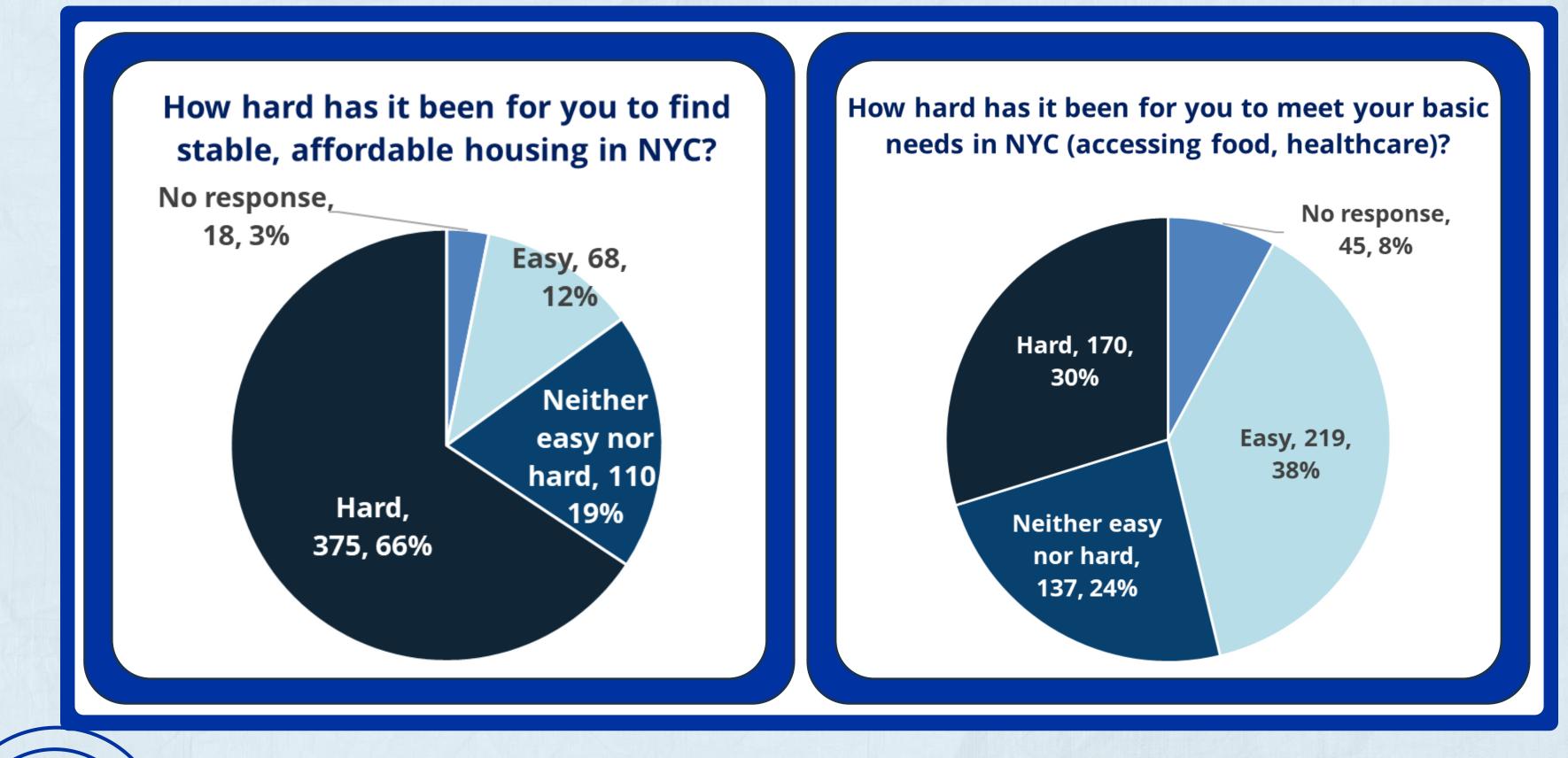


INFORMATION SERVICE

50	200	250	300	350	400	450
					429	

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Challenges of Living in NYC





Respondents' Housing Situation

Housing Status	Percent (%)
Rent my home/apt	45
Own my home/apt	38
Living w/family or friends	10
At risk of homelessness	3
Temp/transitional housing	2
Currently homeless	1
No response	1
Student/dorm housing	0

Respondents who rated finding housing as "hard" tend to be younger (41% born after 1980) and support more individuals (32% support 3+ people, including themselves).



NYC Residents' Housing Burden

- Annual housing costs are ~\$30,000 on average for NYC households, typically accounting for ~40% of NYers' household expenses.*
- Housing costs have skyrocketed in NYC. They increased 68% in the decade up to 2022, leading the nation.*

Veterans

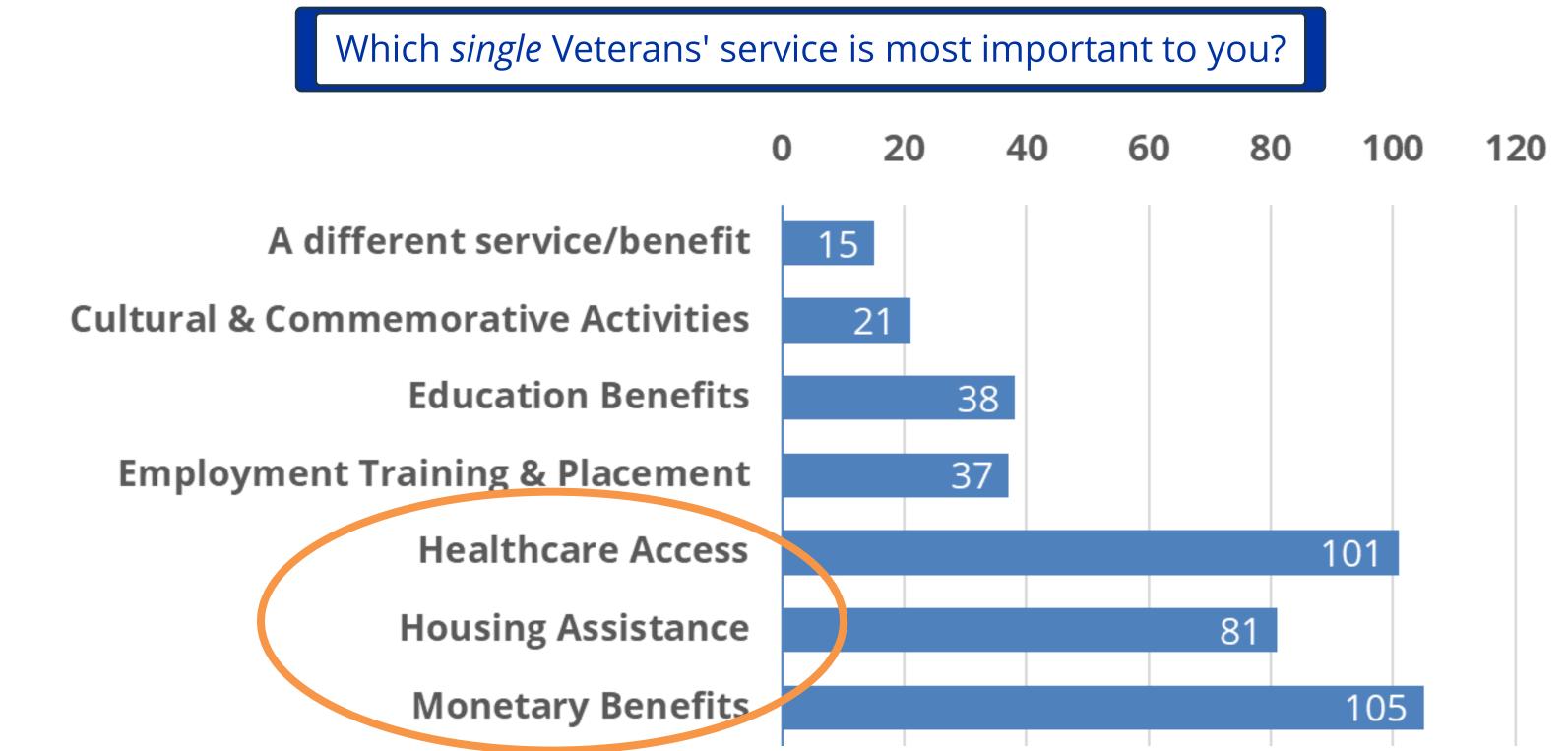
* <u>\$30,000 a year for housing? That's average in New York</u>. NY Times, Jan 22, 2024

Median Household Veteran Status Income

\$71,800

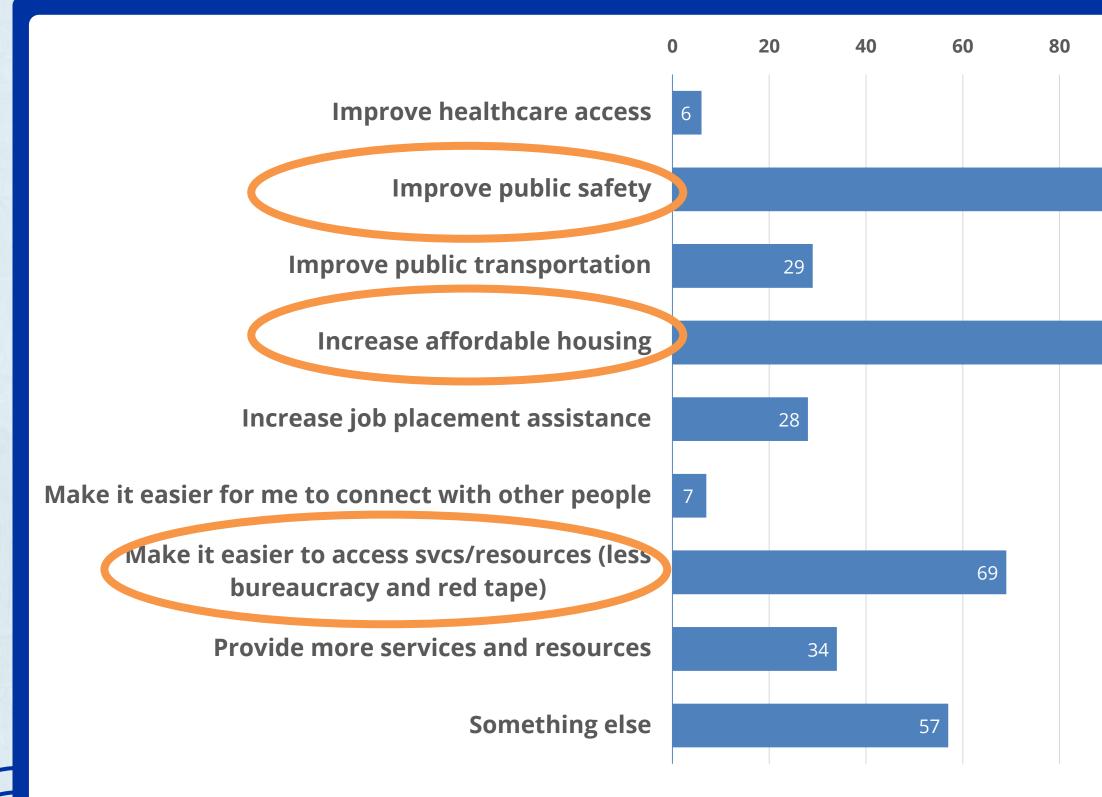
\$75,000 **Nonveterans**

Vets' Most Valued Service/Benefit



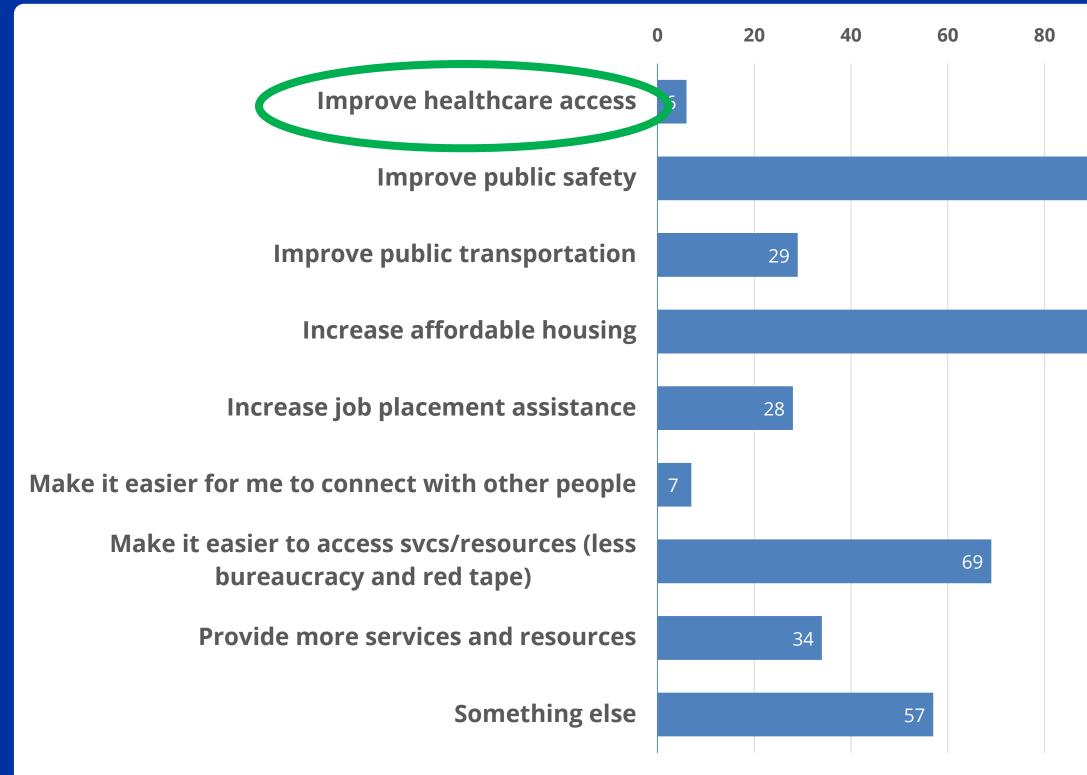


What one thing could NYC gov't do to most improve your quality of life in NYC?



100	12	0 14	10 16	50 18	30 20	00
		140				
					199	





100	120	140	16	0 18	30 20)0
		140				
					199	









Identifying as a Veteran: Survey Findings

An apparent paradox: more than half of the survey respondents consider being a Veteran an important part of who they are, but many do not actively share with others that they have military experience.



Identifying as a Veteran: Survey Findings

An apparent paradox: more than half of the survey respondents consider being a Veteran an important part of who they are, but many do not actively share with others that they have military experience.

Only 22% of survey respondents mention their Veteran status when they meet new people. Similarly, only 28% tell people in their life (neighbors, coworkers, school peers) that they are a Vet.



Self-identification as a Veteran: Focus Group Insights

Why some Veterans do not disclose their status:

- To avoid judgment
 - By other members of the military community
 - By the public
- To avoid unwanted conversation
 - Discussion that might trigger painful memories
 - Questions/scrutiny irrelevant to the moment that dominate the discussion
- Moved on / identify with other interests
 - Having been in the military is only one aspect of a Veteran's identity. While important, it does not solely define them.

es that dominate the discussion of a Veteran's identity. n.



Engagement: Survey Findings

Many respondents who do not use benefits/services or are not engaged in the Veteran community cite being too busy or a lack of information as reasons.

320 respondents (56%) have never been part of a Vet-affiliated organization. The top 3 reasons:

- **Too busy** with other life responsibilities (44%) Other (30%)- lack of awareness
- and/or knowledge about Vetaffiliated orgs is a theme The Veteran services and benefits that are offered are **not needed/useful** to me (17%)

- ✤ 69%: lack of awareness for how to access services/benefits/Vet

 - orgs
- ✤ 28%: too complicated or time **consuming** to access services/benefits ✤ 20%: benefits/services are **not** needed/useful

105 respondents (18%) have never received any benefits, nor interacted with DVS.



Engagement: Focus Group Insights

Eligibility Criteria: Limitations and Misunderstandings

- Strict criteria for accessing some services may serve as a disincentive Receiving certain benefits may prohibit working •
 - Difficulty accessing supportive housing unless essentially homeless •
- Privacy concerns extensive, invasive questions to determine eligibility • Differing definitions of a "Veteran" across organizations and services •
- Ease of access
 - Lack of a centralized location for enrolling in certain benefits •
 - Difficulty accessing support for questions related to services •





Engagement: Focus Group Insights

Lack of awareness

- Several cited word of mouth as the primary method by which they learned of benefits
- Difficulty reaching vulnerable Veterans (e.g., those with housing instability, • lack of access via phones)

Age as a factor

- Younger Veterans are busy with family, work, other commitments
- Don't feel the immediate need or realize they are eligible because injuries or disabilities worsen slowly over time

* Pride

Moved on / identify with other interests

Having been in the military is only one aspect of a Veteran's identity



Fostering Inclusivity: Survey Insights

Among survey respondents who have never been part of a Veteranaffiliated organization, 73% said, "Yes," changes would make them more likely to engage/use Vet benefits and services. Top suggestions:

- Having more info
- Providing services/opportunities that fit better with my needs and interests
- Outreach from DVS & other Veterans orgs •
- More online opportunities •
 - More in-person opportunities



Fostering Inclusivity: Focus Group Insights

Connect with Veteran-supporters influential in Veterans' lives

- Spouses •
- Peers, fellow Veterans •

Outreach targeted to Veteran subgroups

- Varied communication channels: physical spaces, print media, digital media
- Special interest groups: connect with Veterans through their other identities •

Incentivize

- Tangible benefits
- Value of engagement within the broader Veterans' community and with DVS





Policy Proposals



Proposal: Honor & leverage Veterans' multiple facets & identities

- Build relationships with niche and highly trusted community-based organizations to serve as ambassadors and points of contact to connect with Veterans by way of their interests outside of their military experience.
- Advertise in trusted public spaces as a way to reach older adults who are not connected to social media.
- Create/leverage a network of community boards.





Proposal: Establish a peer-navigator program

Use a peer-navigator model to provide Veterans with 1:1 support and a trusted contact with a shared experience to walk them through the process of accessing benefits/services (i.e., parttime roles or volunteer corps of Veterans who have gone through the process themselves).





Proposal: Clearly define & communicate DVS' value proposition

There is some uncertainty around DVS' specific role and contribution relative to other state and federal agencies.

What problem can DVS solve for the Veterans' community that other agencies can't?

- Clarify and differentiate DVS' unique role and services
- Define metrics for success
- Communicate and raise awareness





Proposal: Refine communications strategy

DVS' messaging of their mission should include a call to action or something tangible for people to hold onto, but it needs to be tailored in communication style and channel for specific subgroups to appeal to the diversity of needs and interests among NYC's Veterans.

- Incentivize with tangible items (e.g., food) to get people in the door
- Ensure any call to action is not burdensome to Veterans NYC Veterans' Experience Research May 15, 2025 © 2025 by NYC Labor Market Information Service is licensed under Creative Commons Attribution-NonCommercial 4.0 International \odot

